Unit length of stay and APACHE II scores for ventilated admissions to critical care in England, Wales and Northern Ireland

Questions

What was the unit length of stay and APACHE II scores for ventilated admissions to adult, general critical care units in England, Wales and Northern Ireland participating in the Case Mix Programme from 1 April 2012 to 31 March 2013?

Background to the ICNARC Case Mix Programme

The Intensive Care National Audit & Research Centre (ICNARC) was established in 1994 on a two-year (1994-1995), pump-priming grant from the Department of Health (England) and Welsh Health Common Services Authority (Wales), ICNARC became an independent Registered Charity in July, 1994 (Registered Charity Number: 1039417).

ICNARC’s aim is to foster improvements in the organisation and practice of adult critical care (intensive and high dependency care) to improve patient care and outcomes. Towards achieving part of this aim, ICNARC coordinates a national, comparative audit of patient outcomes from adult, critical care units in England, Wales and Northern Ireland known as the Case Mix Programme (CMP). Currently, 95% of adult, general critical care units in England, Wales and Northern Ireland are participating in the CMP.

The CMP is a voluntary, performance assessment programme using high quality clinical data to facilitate local quality improvement through routine feedback of comparative outcomes and key quality indicators to clinicians/managers in adult critical care units.

The CMP recruits predominantly adult, general critical care units. Adult, general critical care units are defined as either standalone intensive care units (ICUs) or combined intensive care/high dependency units (ICU/HDUs). Participation in the CMP is entirely voluntary.

CMP specified data are recorded prospectively and abstracted retrospectively by trained data collectors according to precise rules and definitions - set out in the ICNARC Case Mix Programme Dataset Specification. Data collectors from each unit are trained prior to
commencing data collection with retraining of existing staff, or training of new staff, also available. CMP training courses are held at least four times per year.

CMP specified data are collected on consecutive admissions to each participating critical care unit and are submitted to ICNARC quarterly. Data are validated locally, on data entry, and then undergo extensive central validation, for completeness, illogicalities and inconsistencies, with data validation reports returned to units for correction and/or confirmation. The validation process is repeated until all queries have been resolved and then the data are incorporated into the CMP Database (CMPD).

Participating units receive comparative data analysis reports on outcomes and key quality indicators, in which they can identify their own unit data and compare with all units participating in the CMP. In addition, staff at units can interrogate the CMPD by submitting analysis requests which are provided free-of-charge.

Data collected for the CMP include alphanumeric unit/admission identifiers, demographics (e.g. age, sex, ethnicity), case mix (e.g. acute severity, comorbidity, surgical status, reason for admission), outcome (e.g. unit/acute hospital survival) and activity (e.g. unit/acute hospital length of stay) for each admission to each critical care unit.

Available data for report

105,357 admissions to 197 critical care units
1 April 2012 – 31 March 2013

Selection of Cases

All admissions to adult, general critical care units (i.e. excluding admissions to specialist critical care units or standalone high dependency units) in England, Wales and Northern Ireland that were participating in the CMP from 1 April 2012 to 31 March 2013.

Definitions for variables included

An admission was identified as receiving ventilatory support if the number of calendar days of advanced respiratory support (recorded for the CCMDS) was at least 1. One calendar day of advanced respiratory support was considered to be advanced respiratory support at any point in a calendar day (00:00 to 23:59) with any part-days considered as total calendar days. Please refer to Appendix A for a full definition.

The critical care unit length of stay was the duration in days from the date and time of admission to the critical care unit to the date and time of discharge from the critical care unit or the date and time of death.
The APACHE II score and APACHE II Acute Physiology Score were calculated from raw physiology data using standardised computer algorithms. Admissions are excluded from the calculations if:
   a. age at admission to your unit is less than 16 years; or
   b. length of stay in your unit is less than 8 hours.

Results

Table 1: Unit length of stay and APACHE II scores for ventilated admissions to intensive care units in England, Wales and Northern Ireland participating in the CMP

<table>
<thead>
<tr>
<th></th>
<th>1 April 2012 – 31 March 2013</th>
<th>1 April 2012 – 30 June 2012</th>
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<tbody>
<tr>
<td>Number of ventilated admissions (%) [N]</td>
<td>46,885 (44.5) [105,357]</td>
<td>15,157 (45.1) [33,576]</td>
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<tr>
<td>Length of stay in critical care (days)</td>
<td></td>
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<td>Unit survivors, median (IQR) [N]</td>
<td>Unit non-survivors, median (IQR) [N]</td>
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<tr>
<td></td>
<td>4.2 (1.8,10.0) [34,527]</td>
<td>2.4 (0.8,6.8) [12,339]</td>
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<tr>
<td></td>
<td>4.1 (1.8,9.8) [11,292]</td>
<td>2.4 (0.9,6.9) [3,862]</td>
</tr>
<tr>
<td>APACHE II Acute Physiology Score, mean (SD) [N]</td>
<td>13.6 (6.2) [44,467]</td>
<td>13.6 (6.2) [14,419]</td>
</tr>
<tr>
<td>APACHE II score, mean (SD) [N]</td>
<td>17.6 (7.1) [44,467]</td>
<td>17.6 (7.2) [14,419]</td>
</tr>
</tbody>
</table>

N: number of admissions; SD: standard deviation; IQR: interquartile range.

Acknowledgement

Please acknowledge the source of these data in all future presentations (oral and/or written), as follows:

“These data derive from the Case Mix Programme Database. The Case Mix Programme is the national, comparative audit of patient outcomes from adult critical care coordinated by the Intensive Care National Audit & Research Centre (ICNARC). These analyses are based on data for 105,357 admissions to 197 adult, general critical care units based in NHS hospitals geographically spread across England and Wales. For more information on the representativeness and quality of these data, please contact ICNARC.”
Appendix A – Definition of Respiratory Support Days

Taken from the Case Mix Programme Data Collection Manual, Version 3.1.

Respiratory support days

Fields: Basic respiratory support days
Advanced respiratory support days

Number of data items: Two
Units of measurement: Calendar days

Definition for collection:

- a calendar day is defined as any complete calendar day (00:00-23:59) or part thereof e.g. a patient admitted on 1 January 2006 at 23:45 and discharged on 3 January 2006 at 00:10 would be recorded as having received three calendar days of care

- specifies the number of calendar days during which the admission received any basic or advanced respiratory support whilst on your unit

- record 1, 2, 3 etc for one, two, three etc calendar days; record 998 for 998 or more calendar days; record 999 for support occurring but number of days not known

- Advanced Respiratory - indicated by one or more of the following (see diagram):
  - admissions receiving invasive mechanical ventilatory support applied via a trans-laryngeal tube or applied via a tracheostomy
  - admissions receiving BiPAP (bilevel positive airway pressure) applied via a trans-laryngeal tracheal tube or applied via a tracheostomy
  - admissions receiving CPAP (continuous positive airway pressure) via a trans-laryngeal tracheal tube
- admissions receiving extracorporeal respiratory support
- admissions receiving mask/hood CPAP or mask/hood BiPAP is not considered advanced respiratory support

- **Basic Respiratory** - indicated by one or more of the following (see diagram):
  - admissions receiving more than 50% oxygen delivered by a face mask (except those receiving short-term increases in FiO2, e.g. during transfer, for physiotherapy, etc.
  - admissions receiving close observation due to the potential for acute deterioration to the point of requiring advanced respiratory monitoring and support e.g. severely compromised airway, deteriorating respiratory muscle function, etc.
  - admissions receiving physiotherapy or suction to clear secretions, at least two hourly, either via a tracheostomy, a minitracheostomy or in the absence of an artificial airway
  - admissions recently (i.e. within 24 hours) extubated after a period of intubation
  - admissions recently (i.e. within 24 hours) extubated after a period (i.e. more than 24 hours) of mechanical ventilation via an endotracheal tube
  - admissions receiving mask/hood CPAP or mask/hood BiPAP or non-invasive ventilation
  - admissions receiving CPAP via a tracheostomy
  - admissions intubated to protect their airway but receiving no ventilatory support and who are otherwise stable.

- **Note:** If advanced and basic respiratory monitoring and support occur simultaneously, then only advanced respiratory monitoring and support should be recorded.

- The following diagram may aid categorisation to advanced or basic respiratory support
INTUBATED

Trans-laryngeal

Ventilation
BiPAP or CPAP
No ventilation

Advanced respiratory support
Basic respiratory Support

Tracheostomy

Ventilation
BiPAP
CPAP
No ventilation (long term airway access only)

Advanced respiratory support
Basic respiratory support

No respiratory support

Justification

This field is part of the NHS Critical Care Minimum Data Set (CCMDS) approved by the Department of Health and supported by the Intensive Care Society (DSCN: 25/2008 Version 1.1). These data support local, regional and national analysis, commissioning and Payment by Results (PbR). Level of care definitions are based on ICS Standards and Guidelines 2009.