Over 2000 patients recruited!

We have recruited over **2000 patients** – this is an important milestone and a fantastic achievement, so thank you all for your support. CALORIES is not only an important trial, it is also the largest non-commercial multicentre trial in UK critical care.

**We now have less than 400 patients to go…!**

Thank you for all your continued support of CALORIES and please keep up the good work.

With best wishes
Monty Mythen (Co-Chief Investigator),
Richard Beale, Geoff Bellingan and Richard Leonard (Principal Investigators).

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**Top recruiters**

Welcome to the top recruiting sites between June and August 2013.

<table>
<thead>
<tr>
<th>Site</th>
<th>Patients</th>
</tr>
</thead>
<tbody>
<tr>
<td>University College Hospital, London</td>
<td>18</td>
</tr>
<tr>
<td>Poole Hospital</td>
<td>15</td>
</tr>
<tr>
<td>Medway Maritime Hospital</td>
<td>13</td>
</tr>
<tr>
<td>Musgrove Park Hospital</td>
<td>13</td>
</tr>
<tr>
<td>St Mary’s Hospital, London</td>
<td>13</td>
</tr>
<tr>
<td>The Ipswich Hospital</td>
<td>13</td>
</tr>
<tr>
<td>Norfolk and Norwich University Hospital</td>
<td>11</td>
</tr>
<tr>
<td>Queen Alexandra Hospital, Portsmouth</td>
<td>11</td>
</tr>
<tr>
<td>The Queen Elizabeth Hospital, King’s Lynn</td>
<td>10</td>
</tr>
<tr>
<td>St Thomas’ Hospital, London</td>
<td>9</td>
</tr>
<tr>
<td>The Royal Blackburn Hospital</td>
<td>9</td>
</tr>
</tbody>
</table>

Congratulations to **University College Hospital** who recruited the most patients this quarter!

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**New sites**

Welcome to…

**King’s College Hospital**

**Royal Shrewsbury Hospital**

**Royal Surrey County Hospital**

...who have recently opened to recruitment.

We now have 27 sites open!
**Top tips**

Many of you have come up with helpful tips and ideas for CALORIES that we can happily pass on:

- Put screening stickers in the notes of potential eligible patients to prompt review.
- Send out weekly/monthly updates to the critical care team/department about CALORIES.
- Use stickers reminding staff to keep a central venous catheter lumen free if a patient might be eligible for CALORIES.
- Avoid starting feeding overnight to enable a CALORIES team member to screen the patient in the morning.
- Educate new staff and refresh old staff so that CALORIES and research in general remains embedded in clinical practice.
- To minimise protocol violations, place a poster next to the patient’s bed alerting staff that they are taking part in CALORIES and not to change the route of their feed.
- Encourage as many staff as possible to have GCP training.
- One site have even gone as far as printing posters with photos of the local CALORIES team, so staff know who to contact when there is a CALORIES patient.

**Adverse Events**

Don’t forget that other Adverse Events (AE) (i.e. not specified on page 38 of the Case Report Form) do not need to be recorded if they are clearly related to the patient’s existing medical condition or standard treatment. If there is any uncertainty about an AE’s association with the trial treatment, then it should be recorded.

Please also ensure you have completed all the relevant fields on the Serious Adverse Event (SAE) Form before faxing it to us.

If you are unsure of what to record, please do not hesitate to contact us.

**Contact us**

**General enquiries**

Email: calories@icnarc.org  
Tel: 020 7269 9277  
Fax: 020 7831 6879

**24/7 clinical support line**

Tel: 020 7269 9290

**SAE reporting to ICNARC**

Fax: 020 7831 6879